

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Porter

LCC Name: Porter County Substance Abuse Council

LCC Contact: Dawn Pelc

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County Commissioners:

Address: 155 Indiana Ave. #205

City: Valparaiso

Zip Code: 46383

Vision Statement

What is your Local Coordinating Council's vision statement?

Proving sustainable initiatives and resources to end substance use disorder in Porter County.

Mission Statement

What is your Local Coordinating Council's mission statement?

Community hub responsible for building capacity, creating sustainability and providing resources to enhance the quality of life in Porter County by reducing substance use and the underlying causes.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Tim Beach	Ogden Dunes PD	Caucasian	Male	Law Enforcement
2	Brenda Sheetz	Porter County Community Foundation	Caucasian	Female	Business
3	Chris Buyer	Porter County Juvenile Probation	Caucasian	Male	Government
4	April Lauderdale	Porter County Adult Probation	Caucasian	Female	Government
5	Chuck Harris	Porter County Recorder	Caucasian	Male	Government
6	Tracy Traut	Pink Freud's	Caucasian	Female	Treatment
7	Mike Eddy	Gracepoint	Caucasian	Male	Religious
8	Robert Nichols	Portage PD	Caucasian	Male	Law Enforcement
9	Dolores Mueller	Kouts PD	Caucasian	Female	Law Enforcement
10	Anne Wojas	Indiana State Police	Caucasian	Female	Law Enforcement
11	Josh Noel	Hebron PD	Caucasian	Male	Law Enforcement
12	Chris Pumroy	Adult Probation	Caucasian	Male	Government
13	David Lohse	Chesterton PD	Caucasian	Male	Law Enforcement
14	Joe Torok	Porter PD	Caucasian	Male	Law Enforcement
15	Jesse Harper	Center Township Trustee	Caucasian	Male	Government
16	Brad Campbell	Prevention Minute	Caucasian	Male	Media
17	Connie Rudd	PC HealthLinc	Caucasian	Female	Government
18	Jenny Harkle	PC HealthLinc	Caucasian	Female	Government
19	Allen Wright	Frontline Foundations	Caucasian	Male	Recovery
20	Leslie Rowan	Valpo High School	Caucasian	Female	Education
21	Gina Pike	North Star Recvy	Caucasian	Female	Parent
22	Megan Vietor	Recvy Connections	Caucasian	Female	Recovery
23	Todd Willis	Porter Starke Services	Caucasian	Male	Treatment
24	Jim Berman	First Counseling	Caucasian	Male	Treatment
25	Kathy Flores	Alice's House	Caucasian	Female	Recovery
26	Emily Guzek	Housing Opportunity	Caucasian	Female	Business
27	Jennifer Hippiie	IUN	Caucasian	Female	Parent
28	Rebecca Hurni	HealthLinc	Caucasian	Female	Healthcare
29	Tim Moeller	FYSB	Caucasian	Male	Treatment
30	Rachel Niemi	Day Spring	Caucasian	Female	Treatment
31	Melissa Scannell	Change Therapy	Caucasian	Female	Treatment
32	Kate Vena	Change Therapy	Caucasian	Female	Treatment

33	Joy Sunday	Valparaiso Schools	Caucasian	Female	Education
34	Mark Jones	Boys & Girls Club	Caucasian	Male	Youth Serving Organization
35	Kelly Johnson	Morgan Township	Caucasian	Female	Education
36	Mark Acevedo	PC Prosecutor	Caucasian	Male	Government
37	Kyle Poracky	Burns Harbor	Caucasian	Male	Law Enforcement
38	Doris Amling	Porter County Coroner's Office	Caucasian	Female	Government
39	Ana Brocksmitth	Union Township	Caucasian	Female	Education
40	Ana Spurgeris	Chesterton HS	Caucasian	Female	Education
41	Rick Volk	GreatLakeLab	Caucasian	Male	Business
42	Jeremy McHargue	Burns Harbor Police Dept	Caucasian	Male	Law Enforcement
43	Kellie Ballah	Parent	Caucasian	Female	Civic
44	Mike Rosta	Wheeler HS	Caucasian	Male	Education
45	Mike Stephens	Union Township	Caucasian	Male	Education
46	Deb Shephard	Porter Regional	Caucasian	Female	Healthcare
47	Rick McCall	ArcelorMittal	Caucasian	Male	Business
48	Robert Blumenthal	Duneland Schools	Caucasian	Male	Education
49	Donna Golob	PATH	Caucasian	Female	Youth Serving
50	Ryan Singh	Tobacco Coalition	Caucasian	Male	Business
51	Natalie Zivich	Tobacco Coalition	Caucasian	Female	Business
52	Marty Vagenas	First Counseling	Caucasian	Female	Business
53	Dana Darr	Yoga One	Caucasian	Female	Business
54	Kathleen Shippen	Kre-Eight	Caucasian	Female	Business
55	Lu Allie	Boone Grove	Caucasian	Male	Education
56	Cecilia Ballard	1 st Nazarene	African American	Female	Religious
57	Jeff Brooks	Hebron MS	Caucasian	Male	Education
58	Michelle Corrigan	HealthLinc	Caucasian	Female	Healthcare
59	Michael Danny	PC Parks & Rec	Caucasian	Male	Government
60	Jamie Erow	PC Sheriff's Department	Caucasian	Female	Law Enforcement
61	Sydney Evans	Student	Caucasian	Female	Youth
62	Tina Lembecke	Student	Caucasian	Female	Youth
63	Chris George	Morgan Twnsp	Caucasian	Female	Education
64	Lita Peters	Respite House	Caucasian	Female	Recovery
65	Kevin Glisic	Moraine House	Caucasian	Male	Recovery
66	Kristi Morris	Recovery Connections	Caucasian	Female	Parent
67	Michael Newhard	Bartholemew	Caucasian	Male	Business
68	Troy Williams	Portage PD	Caucasian	Male	Law Enforcement
69	Tammy O'Neill	PACT	Caucasian	Female	Treatment

70	Megan Pendleton	PACT	Caucasian	Female	Treatment
71	Michelle Quarles	National Guard	African American	Female	Government
72	Amy LaValley	Chicago Tribune	Caucasian	Female	Media
73	Dan Welsh	Boys/Girls Club	Caucasian	Male	Youth Serving
74	Stan Rettew	Chesterton MS	Caucasian	Male	Education
75	Jason Szemes	Indiana Excise	Caucasian	Male	Government
76	Michelle Searer	Leadership NWI	Caucasian	Female	Business
77	Pam Baldwin	Ivy Tech	Caucasian	Female	Education
78	John Acosta	Prosecutor Office	Caucasian	Male	Government
79	Joy Al-Nimri	Al-Nimri Tax Svc	Caucasian	Female	Business
80	Tom Ampeliotis	Retired	Caucasian	Male	Parent
81	Gretchen Arthur	Washington Township	Caucasian	Female	Education
82	Jeff Balon	Valparaiso PD	Caucasian	Male	Law Enforcement
83	Dave Bartlett	Recovery Works	Caucasian	Male	Treatment
84	Michelle Cortes	Parent	Caucasian	Female	Parent
85	Dave Bauer	Times NWI	Caucasian	Male	Media
86	Sandra Behrens	IU Northwest	Caucasian	Female	Education
87	Jim Bernard	Care Counseling	Caucasian	Male	Treatment
88	Luigi Nottoli	Ford Motor Co.	Caucasian	Male	Business
89	Jeff Biggs	PC Sheriff's Department	Caucasian	Male	Law Enforcement
90	Jack Birmingham	Union Township School Corp	Caucasian	Male	Education
91	Heather Ames	Prevention Minute	Caucasian	Female	Media
92	Claudia Garcia	Parkdale	Caucasian	Female	Treatment
93	Amber Chaffer	Volunteer	Caucasian	Female	Parent
94	Marc Chase	Times NWI	Caucasian	Male	Media
95	David Cincoski	Chesterton PD	Caucasian	Male	Law Enforcement
96	Clay Corman	Boone Grove HS	Caucasian	Male	Education
97	Alex Clanton	Valparaiso HS	Hispanic	Male	Youth
98	Susan Crotty	Traffic Safety Cncl	Caucasian	Female	Business
99	Bill Dean	United Methodist	Caucasian	Male	Religious
100	Make Dehaven	Valparaiso PD	Caucasian	Male	Law Enforcement
101	Kristin Doty	Kouts MS	Caucasian	Female	Education
102	Eric Evans	SAFE	Caucasian	Male	Prevention
103	Kaye Frataccia	Greater Good	Caucasian	Female	Prevention
104	David Fritz	Retired	Caucasian	Male	Law Enforcement
105	Jon Groth	PC Career Center	Caucasian	Male	Education
106	Amber Hensell	Frontline	Caucasian	Female	Treatment
107	Teresa Hohner	PC Health Depart.	Caucasian	Female	Government
108	Maureen Hurst	Boone Grove	Caucasian	Female	Education
109	David Milligan	Chesterton HS	Caucasian	Male	Education
110	Cara Jones	Health Linc	Caucasian	Female	Healthcare

111	Gregory Jones	Union Township	Caucasian	Male	Education
112	Daniel Keilman	Retired	Caucasian	Male	Civic
113	James Anton	Anton Insurance	Caucasian	Male	Civic
114	Kerry Sroufek	Anton Insurance	Caucasian	Female	Civic
115	Chris Kosbade	Family House	Caucasian	Female	Youth Serving
116	Sue Lipinski	Washington Township MS	Caucasian	Female	Education
117	Marilyn Marion	Care Counseling	Caucasian	Female	Treatment
118	Kathy Cuevas	Care Counseling	Caucasian	Female	Treatment
119	Natalie Miller	Valparaiso High School	Caucasian	Female	Education
120	Jennifer Olsen	Healthy Kids	Caucasian	Female	Government
121	Courtney Robinson	Leadership NWI	Caucasian	Female	Business
122	James Rosinia	Morgan Township	Caucasian	Male	Education
123	Rich Schmidt	Living Hope Church	Caucasian	Male	Religious
124	Althena Steens	U of Chicago	Caucasian	Female	Education
125	Chris Swickard	Chesterton PD	Caucasian	Male	Law Enforcement
126	Mitzi Tipold	Arcelor Mittal	Caucasian	Female	Civic
127	Kaitlyn Necco	PC Coroner's Offc	Caucasian	Male	Prevention
128	Victoria Ubben	Greater Good	Caucasian	Female	Religious
129	Rhonda Walker	Hebron HS	Caucasian	Female	Education
130	Jessica White	FYSB	Caucasian	Female	Treatment
131	Ty Williams	Volunteer	African American	Female	Civic
132	Juan Sierra	Retired	Hispanic	Male	Recovery
133	BenjaminMcFalls	PC Sheriff	Caucasian	Male	Law Enforcement
134	Tracy Allen	Brandon's Cause	Caucasian	Female	Civic
135	Darren Newton	Portage Recovery	Caucasian	Male	Religious
136	Martin Glennon	Retired	Caucasian	Male	Civic
137	Jim Burns	Family Focus	Caucasian	Male	Treatment
138	Nathan Graff	PC Sheriff's	Caucasian	Male	Law Enforcement
139	Lori Postma	District 1	Caucasian	Female	Law Enforcement
140	Amy Blaker	TPEC	Caucasian	Female	Prevention
141	Natalie Klobuchar	First Midwest	Caucasian	Female	Business
142	Megan Vietor	Recovery Connection	Caucasian	Female	Recovery
143	Ruth Goss	Recovery Connection	Caucasian	Female	Recovery
144	Jay Birky	PC Sheriff's	Caucasian	Male	Law Enforcement
145	Emily Nelson	Wheeler HS	Caucasian	Female	Youth
146	Maria Stamp	PC Health Dept	Caucasian	Female	Government
147	Jeni Bolton	McDonald's	Caucasian	Female	Business

148	Bernice Sterna	Franciscan Healthcare	Caucasian	Female	Healthcare
149	Gregory Kovach	WVLP	Caucasian	Male	Media
150	Dan Grass	1st Lutheran	Caucasian	Male	Religious
151	Sandra Krakovich	VFW Post	Caucasian	Female	Civic/Fraternal
152	Michael Crowley	North Shore	Caucasian	Male	Healthcare
153	Pam Cain	Ivy Tech	Caucasian	Female	Civic
154	Robert Lichtenberger	Boone Grove Middle School	Caucasian	Male	Education
155	Natalie Mahlmann	Valparaiso Police Department	Caucasian	Female	Law Enforcement
156	David Muniz	Boone Grove	Caucasian	Male	Education
157	Scott Janson	Gateway Foundatn	Caucasian	Male	Treatment
158	Kosondra Montgomery	Indiana State Police	Caucasian	Female	Law Enforcement
159	Nancy Luchene	Portage Recovery	Caucasian	Female	Recovery
160	Maggie Clifton	City of Valpo	Caucasian	Female	Government
161	Kiessa Hamilton	Ivy Tech	African American	Female	Civic
162	Ray Satterblom	Family First	Caucasian	Male	Treatment
163	Nicole Markovich	Kouts County	Caucasian	Female	Government
164	Chelsea Winder	Kouts MS/HS	Caucasian	Female	Education
165	Andrea Sherwin	MHA	Caucasian	Female	Healthcare
166	Josh Huwig	Chesterton MS	Caucasian	Male	Education
167	Destiny Tanas	SAFE	Caucasian	Female	Prevention
168	Michaelangelo McClendon	LCC Marion County	African American	Male	Government
169	Albert Gay	SAFE	African American	Male	Prevention
170	Lisa Hargarten	Parent	Caucasian	Female	Parents
171	Austin Haynes	Burns Harbor PD	Caucasian	Male	Law Enforcement
172	Joesph Bunch	LCC LaPorte	Caucasian	Male	Prevention
173	Megan Apple	Recovery Connection	Caucasian	Female	Recovery
174	Nicole Slager	Portage HS	Caucasian	Female	Education
175	Jody Kristoff	Boone Grove	Caucasian	Female	Education
176	Linda Rugg	Portage HS	Caucasian	Female	Education
177	Kim Smith	Porter Regional Health	African American	Female	Healthcare
178	Denise Blumenthal	Chesterton Middle School	Caucasian	Female	Education
179	Erin Miller	New Creations	Caucasion	Female	Business
180	Nate Shaffer	PC Sheriff's Office	Caucasion	Male	Law Enforcement

181	Kris Falzone	Boy/Girl Club	Caucasian	Female	Youth Srvg Org
182	Monica Sauders	1 st United Methodist Church	African American	Female	Religion
183	Jeff King	Portage HS	Caucasian	Male	Education
184	Karen Bonner	Portage HS	Caucasian	Female	Education
185	Ann Macker	MHA	Caucasian	Female	Education
186	Lauren Lamb	HealthLinc	Caucasian	Female	Healthcare
187	Rachelle Ellis	Times NWI	Caucasian	Female	Media
188	Allison Scates	Fluid Coffee, Inc.	Caucasian	Female	Business
189	Jack Fine	Retired	Caucasian	Male	Recovery
190	Jason Oxendine	Duneland Church	Caucasian	Male	Religious
191	Bill Dulin	Sheriff Starke Co.	Caucasian	Male	Law Enforcement
192	Christy Jarka	Morgan Township	Caucasian	Female	Education
193	Kevin Tracy	YMCA	Caucasian	Male	Youth Serving
194	Lynn Slate	PACT	Caucasian	Female	Government
195	Jamie Rogers	Heartland	Caucasian	Female	Recovery
196	Mann Spitler	BeSafe Coalition	Caucasian	Female	Parent
197	Jennifer Symer	Morgan Township	Caucasian	Female	Education
198	Katie Hoekstra	Student	Caucasian	Female	Recovery
199	Don Dratwa	Moraine House	Caucasian	Male	Recovery
200	Jeff Lawley	Ivy Tech	Caucasian	Male	Education
201	Tracy Fox	Volunteer	Caucasian	Female	Recovery
202	Karen Kinsey	East Porter Corp	Caucasian	Female	Education
203	Ryan Rowan	PC Prosecutor	Caucasian	Male	Law Enforcement
204	Gail Sangster	East Porter School	Caucasian	Female	Education
205	Jerry Davich	Post Tribune	Caucasian	Male	Media
206	Laura Johnson	Student	Caucasian	Female	Youth
207	Taye Leftridge	Great Lakes Labs	African American	Female	Civic
208	Mark Dranger	Choices!	Caucasian	Male	Treatment
209	John Klumpe	Valpo Partners	Caucasian	Male	Business
210	Paul Heflick	Menonite Church	Caucasian	Male	Religious
211	Kyle Otten	Porter Starke	Caucasian	Male	Treatment
212	Robert Holtz	Retired	Caucasian	Male	Civic
213	Megan Woods	Boys/Girls Club	Caucasian	Female	Youth Serving
214	Sandy Carlson	Porter Starke	Caucasian	Female	Treatment
215	Angela Johnson	Volunteer	Caucasian	Female	Civic
216	Valerie Kalamara	Volunteer	Caucasian	Female	Business
217	Stacey Schmidt	Porter Township	Caucasian	Female	Education
218	Douglas Johnson	Portage Middle	Caucasian	Male	Education
219	Larry Smith	Intrepid Phoenix	Caucasian	Male	Recovery
220	Richard Merschantz	Griffith Police PARRI	Caucasian	Male	Law Enforcement
221	Allen Hines	Change Therapy	Caucasian	Male	Treatment
222	Amanda Jennings	Volunteer	Caucasian	Female	Civic

223	Chris Swickard	Chesterton PD	Caucasian	Male	Law Enforcement
224	Josh Nolte	Recovery House	Caucasian	Male	Recovery
225	Mark Rafalski	Family Focus	Caucasian	Male	Treatment
226	Jim Burns	Family Focus	Caucasian	Male	Treatment
227	Valarie Thorn	Portage PD	Caucasian	Female	Law Enforcement
228	Doug Adams	Chesterton MS	Caucasian	Male	Education
229	Grace Gidley	Mental Health American	Caucasian	Female	Healthcare
230	Michaela Doyle	Adams Radio	Caucasian	Female	Media
231	Barb Claypool	PACT	Caucasian	Female	Government
232	Amanda Alaniz	Portage Township Schools	Caucasian	Female	Education
233	Candy Mues	Student	Caucasian	Female	Youth
234	Rick Ihssen	Student	Caucasian	Male	Youth
235	James Markle	NILEA	Caucasian	Male	Law Enforcement
236	Mitch Peters	Attorney	Caucasian	Male	Recovery
237	Lita Peters	Respite House	Caucasian	Female	Recovery
238	Rebecca Reiner	NEO	Caucasian	Female	Education
239	Erik Wade Ginter	Arcelor Mittal	Caucasian	Male	Recovery
240	Chris Gabrano	Heartland	Caucasian	Male	Recovery
241	Ron Donahue	InHealth	Caucasian	Male	Business
242	Kyle McTigue	Porter Ambulance	Caucasian	Male	Business
243	Dee Wagner	Student	Caucasian	Female	Youth
244	Danielle Catlin	Student	Caucasian	Female	Youth
245	James Ferguson	Student	Caucasian	Male	Youth
246	Vilma Cerros	Parent	Caucasian	Female	Parent
247	Joel Vargas	Student	Hispanic	Male	Youth
248	Michael Plebanski	Frontline Foundations	Caucasian	Male	Treatment
249	Linda Davis	Care Counseling	Caucasian	Female	Treatment
250	Kristi Morris	PC Coroner Office	Caucasian	Female	Parent
251	Cyndi Dykes	PC Coroner	Caucasian	Male	Government
252	Maria Stamp	PC Health Dept	Caucasian	Female	Healthcare
253	Kyle McTeigue	InHealth Ambulance	Caucasian	Male	Business
254	Carol Fink	Retired	Caucasian	Female	Recovery
255	Dirk Baer	Morgan Township	Caucasian	Male	Education
256	Daniel Valko	Student	Caucasian	Male	Youth
257	Jessica Parks	North Shore	Caucasian	Female	Healthcare
258	Marla Hannon	Washinton Twnsp	Caucasian	Female	Education
259	Arlene Moore	Family House	Hispanic	Female	Education
260	Gary Germann	PC Prosecutor	Caucasian	Male	Law Enforcement
261	Jessica Edmonds	Student	Caucasian	Female	Education
262	Irma Santoyo	Student	Hispanic	Female	Youth
263	John Zack	Portage HS	Caucasian	Male	Education

264	Jackie Fuller	Ivy Tech	African American	Female	Education
265	Kenny Williams	Hobart PD	Caucasian	Male	Law Enforcement
266	Jessica Landrum	Student	Caucasian	Female	Youth
267	Erica Rios	Griffith PD	Hispanic	Female	Law Enforcement
268	Jenna Sickinger	Portage Township	Caucasian	Female	Education
269	Matthew Heckett	Stigma Nvr Helps	Caucasian	Male	Recovery
270	Jessica Malher	PC Health Dept	Caucasian	Female	Healthcare
271	Officer Vega	Valparaiso PD	Canine	Male	Law Enforcement
272	Officer Nix	Portage PD	Canine	Male	Law Enforcement
273	Tammy Gregg	WorkOne	Caucasian	Female	Government
274	Jennifer Braun	Wheeler HS	Caucasian	Female	Youth
275	Bertha Clinton	Wheeler HS	Caucasian	Female	Youth
276	Rachael Bennett	Ivy Tech	Caucasian	Female	Recovery
277	Robertta Prugh	Wheeler HS	Caucasian	Female	Youth
278	Paulina Huffman	PC Vet Service	Caucasian	Female	Government
279	Tim Goad	Heartland	Caucasian	Male	Recovery
280	Stacy Garcelon	Yogo One	Caucasian	Female	Business
281	Bonnie Stephens	Union Twensp	Caucasian	Female	Education
282	Tara Taylor	Ivy Tech	Caucasian	Female	Education
283	Daniele Charriere	Student	Caucasian	Female	Youth
284	Amanda Nelson	Morgan Twensp	Caucasian	Female	Youth
285	Dakota Taylor	Ivy Tech	Caucasian	Male	Youth
286	Gretchen Demko	Kreight	Caucasian	Female	Business
287	James Drader	New Creations	Caucasian	Male	Business
288	Therese Haller	PC Recycling	Caucasian	Female	Government
289	Rachael Horner	PC Jail	Caucasian	Female	Government
290	Alan Stover	Life Source	Caucasian	Male	Religious
291	Antonio Cammarata	1 st United Methodist	Hispanic	Male	Religious
292	Don Spears	Ivy Tech	Caucasian	Male	Education
293	Marek Wojac	United Way	Caucasian	Male	Civic
294	Megan Fisher	Porter Starke	Caucasian	Female	Treatment
295	Randall Forsythe	Nazarene Church	Caucasian	Male	Religious
296	Officer Bane	Hebron Police	Canine	Male	Law Enforcement
297	Paul Schreiner	WVLP	Caucasian	Male	Media
298	Lori Daly	PC Counsel	Caucasian	Female	Government
299	Sarah Bernard	Care Counseling	Caucasian	Female	Treatment
300	Laura Shurr Blaney	Porter County Government	Caucasian	Female	Government
301	Andrea Duncan	Student	Caucasian	Female	Youth
302	Sam Marshall	East Porter Corp	Caucasian	Male	Education
303	Gregory Blair	Portage MS	Caucasian	Male	Education
304	Sam Rodriguez	Student	Hispanic	Male	Recovery
305	Victor Garcia	Food Bank NWI	Hispanic	Male	Civic

306	Valarie Thorn	Recovery Connection	Caucasian	Female	Recovery
307	Anne Wodetzki	Student	Caucasian	Female	Youth Serving
308	Dan Rau	Boys/Girls Club	Caucasian	Male	Youth Serving
309	John Norris	PC Prosecutor's Office	Caucasian	Male	Law Enforcement
310	Karen Klaus	Green Leaf	Caucasian	Female	Business
311	Nicole Walters	PRA	Caucasian	Female	Recovery
312	Alexandra Rumple	Boys/Girls Club	Caucasian	Female	Youth Serving Organization
313	Alondra Hernandez	Boys/Girls Club	Hispanic	Female	Youth Serving
314	Scott Sejda	Hebron PD	Caucasian	Male	Law Enforcement
315	Lorelei Weimer	PC Convention & Visitors	Caucasian	Female	Government
316	Alyssa Hamilton	Student	Caucasian	Female	Youth
317	Tracy Reynolds	Retired	Caucasian	Female	Parents
318	Kevin Robinson	Ricochet	Caucasian	Male	Business
319	Michelle Stewart	Chesterton HS	Caucasian	Female	Education
320	Jeanie Sienkowski	Chesterton HS	Caucasian	Female	Education
321	Donna Swain	Portage Recovery	Caucasian	Female	Recovery
322	Terry Gilliana	Valpo PD	Caucasian	Female	Law Enforcement
323	David Reynolds	PC Sheriff	Caucasian	Male	Law Enforcement
324	Aja Brettin	Volunteer	Caucasian	Female	Recovery
325	Jerry Lasky	Union Township	Caucasian	Male	Education
326	Trish Poncher	HealthLinc	Caucasian	Female	Healthcare
327	Stephanie Shostok	Recovery Works	Caucasian	Female	Treatment
328	Kevin Zeck	Portage HS	Caucasian	Male	Education
329	Chloe Deterling	Chesterton HS	Caucasian	Female	Youth
330	Megan Boby	Washington Township HS	Caucasian	Female	Youth
331	Will Phillis	Christ Lutheran	Caucasian	Male	Youth
332	Kevin McCarthy	Nativity Church	Caucasian	Male	Religious
333	Pete Ward	1 st Baptist Church	Caucasian	Male	Religious
334	Scott Jones	1 st Baptist Church	Caucasian	Male	Religious

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:
January through November

January, February, March, April, May, June, July, August, September, October, November and December. We meet the 2nd Thursday of every month. December is the award and recognition ceremony.

Community Needs Assessment: Results

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name
Porter County, Indiana
County Population
164,343
Schools: Duneland School Corporation, East Porter County School Corporation, MSD/Boone Township, Portage Township School Corp., Porter Township School Corp., Union Township School Corp., and Valparaiso Community School Corp.
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) Porter Regional Hospital, North Shore, Healthline, Franciscan Alliance
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.) Porter Regional Hospital, Porter-Starke, Inc., North Shore, Healthline, Mental Health America, Franciscan Behavioral Health, Regional Mental Health, Heartland Recovery, Recovery Works, Midwest Center for Youth & Families, Hillman Psychological Service, Park Dale, Midwest American Psychological & Counseling Services
Service agencies/organizations: Family Youth Service Bureau, Care Counseling, Mental Health America, Recovery Connection, Family Focus, Family Youth Service Bureau, Family House, Portage Recovery Association, Samaritan Counseling Center, Inc, Lark's Nest Family Counseling Center, Place Counseling, Diann Bins Counseling, Sankofa Counseling, New Beginnings Counseling, To Be Light Ministries, Beyond Boundaries, INTreatment, Therapy Works, Focus Counseling, Wells Family Counseling, Duneland Counseling Center, The Joshua Center of Valparaiso, Family Concern Counseling, Innovative Counseling, Fresh Start, Choices! Counseling, Moraine House, Respite House, Alice's House, Women's Recovery Home, Recovery Works, Family House, Frontline Foundations, Healthy Kids, Greater Good, Tobacco Coalition, Be Safe, WVLP, Boys and Girls Club, Big Brothers/Big Sisters, YWCA, PACT, Intrepid Phoenix, Purdue University Northwest, Indiana University Northwest, Ivy Tech Community College, New Creations, Housing Opportunities, Caring Place, Community Foundation, Healthline, United Way
Local media outlets that reach the community:

Matters of Substance Podcast, Porter Life, WVLP, NWI Times, Chesterton Tribune, Post Tribune, The Chronicle, Lakeshore Pubic TV/Radio, all Chicago media, all Adams Radio stations

What are the substances that are most problematic in your community?
Heroin/Opioids, Tobacco/Vaping, Marijuana, Alcohol-underage drinking, Methamphetamine and Cocaine emerging

List all substance use/misuse services/activities/programs presently taking place in the community
Sticker Shock, Overdose Lifeline, Above the Influence, Marijuana/Heroin/Opioid/Alcohol Town Halls, Matters of Substance Podcast, #NotAMinorProblem, Mental Health Awareness Training, Youth Mentoring Training, Wake Up Call, Parents Who Host, Real Media, Peer Mentoring, Recovery Support, Teen BEAT, SMART Recovery, Life Skills, Strengthening Families, Around the Table, AA, NA, Circle of Support, Beyond the Influence, WVLP Radio weekly programming, ADD, random drug testing at schools, drug tests available to parents, Detera pouches available and Narcan available at PCSAC and Health Department, Family Preservation, Father Engagement, Positive Tickets, Coffee with a Cop, TiRosc, Positive Approach to Teen Health

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

Risk Factors	Resources/Assets	Limitations/Gaps
<p>Low perception of harm for Marijuana, tobacco CBD, vaping related juices and devices because of marketing to youth, social norming and generational use.</p> <p>Youth and adults are exposed to pro-Marijuana promotion and marketing tactics in an effort to legalize recreational sales. The fact that neighboring states Illinois and Michigan have legalized Marijuana compounds the problem and increases the likelihood of individual use and normalizing the behavior.</p> <p>Nicotine and vaping have a perceived low perception of harm and high level of parental acceptance.</p> <p>Youth do not feel a sense of belonging in their community because of the transient nature of society and the absence of stability, long term friendships, family and neighbors.</p>	<p>The Council has created messaging for the consequences of using Marijuana, cannabinoids and nicotine. Multiple campaigns have been developed and are circulated throughout all 7 of the school corporations along with presentations at middle and high school events, website promotion, billboard and radio campaigns. The Matters of Substance podcast also discusses these topics in detail with special guests throughout the year.</p> <p>A 12-sector approach to disseminating information throughout the community, community town hall meetings, funding earmarked for marketing and promotion, youth council participates in peer-to-peer engagement, active and engaged coalition agencies</p> <p>The Council has a partnership with the school resource officers in middle and high schools to minimize the low attachment risk by rewarding the youth for positive contributions to their school community. Additionally, this strategy builds a student-law enforcement positive relationship. The strategy is supported by the Council and is an evidence-based program called "Positive Ticketing"</p> <p>The Drunk Driving Task Force has created partnerships with local coffee shops and national McDonald's throughout the county to promote goodwill and build community relationships with the residents</p>	<p>Overcoming messaging challenges from powerhouse Marijuana and tobacco industry, limited budget for marketing and promotion; challenges also from promoting message to youth through social media</p> <p>COVID-19 messaging has taken centerstage and other messaging has gotten lost in the mix</p> <p>Teachers/schools have limited influence on students; Council provides evidence-based robust programming at no cost to schools, however, sporadic use because of state teaching mandates</p> <p>Only one out of seven schools have a dedicated substance use prevention teacher. Other schools have strategies introduced in health class or gym on an infrequent and unpredictable schedule</p> <p>Porter County has a vocal legislative supporter of legalization of Marijuana that has been on (her) agenda for the last decade and continues to reintroduce bills at the state level</p> <p>Limited participation at events</p>

<p>Youth report a low perception of harm with consideration for heroin/opioids, schedule 1-5 drugs/chemicals, Marijuana, and underage drinking</p> <p>Intergenerational substance use increases youth experimentation and drug use</p> <p>Adult and youth with undiagnosed mental health issues go untreated and lead to self-medication and potential drug addiction</p>	<p>Targeted messaging campaigns for students, parents and schools. Prepared social media campaigns with prevention message, peer-to-peer group facilitation, youth council initiatives, youth leadership opportunities</p> <p>Matters of Substance podcast discussions geared toward parents, community and youth. Youth developed podcasts and PSA's for peer-to-peer discussions</p> <p>Training mentors, support of Mentors as role models</p> <p>Mentor/mentee relationship through the Council's Youth Mentoring initiative</p> <p>Fully trained and certified staff provide training and resources to community, provide Overdose Lifeline program to all school corporations, Real Media, Parents that Host, Take Back Day, INSPECT, MHFA</p> <p>Council provides drug tests to parents to test their child if suspicious or to set a baseline</p> <p>Council funds community agencies to provide direct programming and strategies to youth; mental health training and programs</p> <p>Funding to address youth substance use and provide tactics to reduce the perception of low harm as related to substance use</p> <p>Mental health training (MHFA) Provide programs and initiatives that reduce the supply and availability of drugs such as INSPECT, Take Back Day, and harm reduction such as needle collection program</p>	<p>Treatment and recovery efforts are resisted because of shame and judgement. Matters of Substance podcast and WVLP radio broadcast success stories, prevention topics, suicide, anti-bullying messages and stigma discussions to provide information to listeners for acceptance and action on a weekly basis. COVID-19 messaging is 24/7 and substance use campaigns have lost visibility</p> <p>Although training is provided (with CEU's or certification) on a variety of topics, unless there is a WIFM motivation, then attendance is low</p> <p>Agencies continue to work in "silos" and resist participating in a community forum</p> <p>High levels of community funding results in a flooded service market where agencies are competing for participants to fulfill grant requirements. Duplication of services likely</p>
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<p>Data indicates the community norm supports underage drinking for celebratory milestones such as graduation, prom, homecoming and athletic achievements</p> <p>Parents acceptance of underage drinking and feel they have the responsibility to monitor the behaviors. Parental monitoring is perceived as safe parenting.</p> <p>Low perception of harm for long term consequences of underage drinking</p>	<p>The Council has developed a marketing campaign to identify the consequences of underage drinking. The campaign airs on local radio and is a mainstay on WVLP - PSA's as well as Matters of Substance podcast. The marketing materials are available to interested agencies and community organizations for distribution. Programs such Parents Who Host is promoted through the Sticker Shock initiative and distributed to 72,000 people a year through a messaging campaign</p> <p>Drunk Driving Task Force host prevention car simulation classes before each student milestone event to promote wellness and safety protocols.</p> <p>Coalition members and community agencies are trained to identify mental health issues and provide referrals. Mental Health First Aid, QSP, and SBIRT, suicide prevention training is available to schools, law enforcement, first responders, educators and community members to identify and intervene with mental health and substance abuse issues</p> <p>Staff are encouraged to seek the Certified Prevention Specialist designation. 2 staff have been awarded the designation. All staff are working toward the goal of receiving the designation</p>	<p>Parent education is key to reducing underage drinking. Additional resources to be developed aimed toward the adult as role model.</p> <p>Youth mentoring opportunities are limited. Youth mentoring to include substance use module and mental health training for the adult mentor. However, a pilot project is currently underway</p> <p>Challenge to target social media and broadcast platforms with extensive and no exhaustive programming choices. It is a challenge to pinpoint a medium for the broadest mass appeal and consideration</p>
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Protective Factors	Resources/Assets	Limitations/Gaps
<p>Highly rated quality of life indicators & economic viability. Median income \$64,874; poverty rate is 10.8% and is under the national average of 15.5%; life expectancy is age 78.7; hs graduation rate is 94.2%; Porter County maintained the highest level of personal income in Northwest Indiana for a 14-year period.</p> <p>Access to mental health and preventive medicine. Only 7.3% of the population are uninsured</p> <p>Community involvement and active in promoting health behaviors and supporting substance use reduction initiatives</p> <p>Agencies partner to provide resources to increase mental health initiatives and reduce substance use</p>	<p>The Council is the acting hub of substance related activities and provides expert training, credentialing, continuing education, resources and support to agencies and the community at no cost</p> <p>The Tobacco Education and Prevention Coalition provides strategies to reduce tobacco and vaping behaviors at no cost. The community supports the no smoking initiative throughout the county to include but not limited to government buildings, healthcare facilities, police agencies and school campuses.</p> <p>Legislators are committed to restricting the legalization of Marijuana under this administration. Additionally, nicotine and vaping juices as well as devices are restricted from youth purchase. Identification is required and Excise compliance checks in District 1 are frequent and check for underage sales of alcohol, tobacco/vape products and synthetic cannabinoids</p> <p>School campuses have zero tolerance for substance possession and/use while on school property. Consequences are listed in the policy and procedure manual.</p> <p>School resource officers are stationed at campuses throughout the day and available for consultation and procuring safe environments that promote learning</p>	<p>The recent COVID-19 pandemic will create new challenges and an expected increase in substance use and relapses in recovery. Unemployment has risen due to the pandemic and unintended consequences will take time to gauge and extended reaction time</p> <p>Although mental health and substance use disorder programs and strategies are available, attendance is generally low</p> <p>There are community gathering places throughout the county to recreate but lack of transportation limits uses by those in lower income bracket</p> <p>7.3% of the uninsured have limited healthcare choices</p> <p>Teachers and school personnel need to be regularly tested for substance use</p>

<p>Robust community engagement and agencies that support prevention, treatment, recovery and judicial efforts</p> <p>Mental health and substance use disorder are a community priority. Agencies provide a range of options for personal care to accommodate varied household incomes</p> <p>Recovery efforts are supported by the community</p>	<p>Agencies and organizations offer programs and services to detour substance use disorder and reduce impaired driving. Law enforcement agencies and the Drunk Driving Task Force partner with schools and MADD/SADD to promote safe driving. Impaired driving simulation obstacles and school field days are offered during prom/graduation/homecoming</p> <p>Community agencies and churches form partnerships to house the homeless and those with mental and substance abuse issues.</p> <p>Prosecutor's Office work with law enforcement to prosecute and convict impaired drivers to the fullest extent of the law. Offender rehabilitation is the goal to keep the public safe</p> <p>Community leadership promotes and supports recovery initiatives. Recovery resources are available for those seeking help. AA, NA, SMART recovery and faith-based alternatives are offered for adults and youth to achieve long term sobriety.</p> <p>Recovery outreach throughout the state are on the upswing. Indiana Recovery Network/Mental Health America Indiana provide monthly meetings and webinars to LCC's. Indiana Addictions Coalition, Indiana Assoc. of Peer Recovery and Next Level Recovery provide structure and support to LCC's and local agencies</p>	<p>Data indicates that stigma and the misconceptions that support it prevent those in recovery from fully integrating into the community.</p> <p>Porter County residents struggling with substance dependence often times still face the negative stigma and shame associated with addiction. This may prevent them from fully integrating back into society.</p> <p>Lack of insurance, funding avenues, and/or available openings at facilities make inpatient substance abuse/detox treatment within Porter County, and other surrounding counties, a challenge at times.</p> <p>Porter County doesn't have a dedicated detox facility and referral are to Lake County, downstate or out of state</p> <p>Questionable rehab facilities are in abundance making choices difficult for the consumer</p> <p>There are limited recovery houses available for female and male residents; however, community agencies work together to house and shelter those in active addiction as well as those in recovery.</p> <p>Recovery options are still limited but Recovery Connection is building capacity to function as the hub of recovery in Valparaiso for adults and teens</p> <p>The homeless shelters were ordered to vacate during the COVID-19 pandemic</p>
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		Certain populations are reluctant to seek help. Aged, LGBTQ+, Hispanic populations are reluctant to join the coalition
Appropriate structure such as limits, rules, monitoring, and predictability	<p>A strong mental health and faith-based community is invested in preventive measures, treatment modalities such as medication assisted treatment, recovery and recovery support</p> <p>First Responders are trained to respond to overdose events with Naloxone and refer to treatment for rehabilitation. In some instances the Council assumes 3rd party pay responsibility under presumptive eligibility guidelines to expedite healthcare</p> <p>The Council acts as the community hub for networking, training, and planning substance use prevention, treatment and recovery strategies with a multitude of agencies</p>	<p>Wait times to initiate therapeutic intervention for both mental health and substance treatment can be lengthy at times.</p> <p>Parents don't seek help for their children because of stigma</p> <p>Parents aren't able to identify substance use in the experimental stage until it becomes an addiction</p>

Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
<p>Porter County residents, youth and adult, are exposed to consistent Marijuana and nicotine marketing due to neighboring Illinois and Michigan that have legalized use. A low perception of harm is also noted for nicotine.</p>	<p>Porter County residents do not see the dangers that are associated with Marijuana and liquid nicotine because of ad campaigns that normalize the behaviors</p> <p>Porter County experiences challenges in its youth and adult populations in relation to both use and abuse of cannabinoids and/or nicotine products in all their various forms.</p> <p>Neighboring Illinois and Michigan openly sell Marijuana in store often times to minors.</p> <p>Adults and minors travel to legalized Marijuana states in less than an hour and return to Indiana with product for use and for sale.</p> <p>Northwest Indiana has Chicago, Illinois media, TV, radio, billboard influences because of the close proximity – under an hour of travel time and the there is evidence of cross culture and ideations</p>
<p>Porter County youth have a low perception of harm when discussing the use and abuse of Heroin, Cocaine, Meth, prescription drugs, and other illicit substances.</p>	<p>Porter County youth are at higher risk for developing substance use disorder due to diluted peer and family norms</p> <p>Porter County is lacking in youth peer to peer mentoring and youth participation in preventative substance use education</p> <p>Porter County struggles with use and abuse of illicit drugs such as Heroin, Cocaine, Meth, and a variety of prescription medications with polysubstance use being of key concern. Use of these illegal substances is negatively affecting a variety of legal, health, and social outcomes.</p>
<p>In Porter County, both the youth and adult populations have a low perception of harm when discussing alcohol use/abuse.</p>	<p>Porter County Residents, both young and old, have been impacted by health, legal, financial, socioeconomic and quality of life characteristics by the misuse and abuse of alcohol products</p> <p>Porter County residents, both young and old, have higher then average rates of binge drinking</p>

	Porter County adults do not properly lock up their alcohol which leads to minors having unlimited, unsupervised access to the alcohol
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Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
Porter County experiences challenges with Marijuana, cannabinoids and vaping products in all their various forms.	IYS indicates a reported age of 11-15 years old/grade 7-12	2018 Indiana Youth Survey (IYS)
	In 2019 - 7 Porter County Schools reported a total of 64 suspensions/expulsions related to vaping either Marijuana or nicotine	2019 Data sheets collected by PCSAC from 7 Porter County Middle and or High Schools
	In 2018, 31.7% of 12 th grade students reported they felt it was not at all wrong to smoke marijuana.	2018 Indiana Youth Survey (IYS)
	The CDC investigated 805 confirmed cases and 12 deaths due to a respiratory illness associated to vaping nicotine.	Health News, September 27, 2019
	151,000 (approximately 1 in 10) Indiana youth now under the age of 18 will die prematurely from a smoking-related illness	The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2018, Page 27

	<p>21.4% of Indiana residents ages 12 years or older report cigarette use in the past month compared to the national average of 18.5%</p> <p>7.4% of 11th grade students report using electronic vaping products 40+ times in the last 30 days</p> <p>In 2016 - 24.2% of Indiana children ages 0-17 had experienced 2 or more ACE's compared to the national average of 21.7%</p> <p>In Indiana, of the population of people who smoke nicotine: 41.9% male; 27.7% female; 38.6% Caucasian; 9.8% African American; 48.7% Hispanic; and 39.9% of 65+ years old with no intention of quitting.</p> <p>In Indiana, the percentage of treatment admissions for Marijuana by gender, race and age 55 and older are: 51.5% male; 43.7% female; 46.6% Caucasian; 57.4% African American; 52.7% other, and 24.8% 55+ or older.</p>	<p>The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2018, page 28</p> <p>2018 INYS</p> <p>Center for Health Policy March 2018 Adverse Childhood Experiences (ACE's) and Their Impact on Substance Misuse and Overall Health</p> <p>2018, The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile</p> <p>2018, The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile</p>
Abuse/use of Prescription Drugs, Opioids, Heroin, Cocaine, Meth,	In 2019, middle and or high schools throughout the county reported 96	2019 Data sheets collected by PCSAC from 7 Porter County Middle and or High Schools.

<p>polysubstance and other illicit drugs negatively affect the quality of life in Porter County.</p>	<p>suspensions/expulsions related to illicit drugs.</p> <p>15.7% of babies in Indiana tested positive to opioids as compared to the nationwide average of 10.7%.</p> <p>2.3% of 11th grade students reported using prescription painkillers not prescribed to them 1-5 times in the past month</p> <p>In 2019, 2,253 adult drug arrests were reported</p> <p>In 2019, 115 juvenile drug arrests were reported</p> <p>SAMHSA's <i>National Survey on Drug Use and Health</i> estimated 4.8% of Indiana residents ages 12 and older misused pain medication in the past year compared to the national average of 4.2%</p> <p>SAMHSA's <i>National Survey on Drug Use and Health</i> estimated 8.8% of Indiana residents ages 18-25 misused pain medication in the past year compared to the national average of 7.1%</p>	<p>2017 Indiana State Department of Health reported by NWI Times https://www.nwitimes.com/news/special-section/opioids-in-nwi/babies-are-being-born-addicted-to-opioids-in-indiana-at/article_baa97c4c-d4f8-5f2c-b4d4-5c1fe44534e2.html</p> <p>2018 Indiana Youth Survey</p> <p>2019 Data sheets collected by PCSAC from 7 law enforcement agencies.</p> <p>2019 Data sheets collected by PCSAC from 7 law enforcement agencies.</p> <p>The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2018, page 62</p> <p>The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2018, page 62</p> <p>The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2018, page 82</p>
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	<p>1.2% of Indiana residents ages 18-25 report use of Methamphetamine in the past year compared to the national average of 0.9%</p> <p>39,896 opioid prescriptions were dispensed in the 4th Quarter of 2018. This represents an adjusted rate of 237.8 per 1,000 population. This number is higher than the overall Indiana rate of 213.8 per 1,000 population.</p> <p>Neonatal Abstinence Syndrome increased nearly fivefold nationally between 2000 and 2012 coinciding with rising rates of opioid use among pregnant women.</p> <p>The prevalence of children experiencing parental incarceration in 2016 was estimated at 10.4% in Indiana compared to the national average of 8.2%</p> <p>Approximately 1 in 5 Indiana school aged children grades 3 through 12 have had a parent incarcerated</p> <p>27% of Hoosiers ages 0-17 have experienced at least two ACE's compared to 22.6% nationally</p>	<p>Indiana Prevention Resource Center 2018 4th Quarter Data</p> <p>National Institute on Drug Abuse</p> <p>IUPUI Center for Health Policy December 2018 research brief</p> <p>2018 Indiana Youth Survey</p> <p>Center for Health Policy, Indiana University, March 2018 Adverse Childhood Experiences (ACE's) and Their Impact on Substance Misuse and Overall Health</p>
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	Nationally, 1 in 2 people who identify as LGBTQ+ or 49.7% struggle with illicit drug use.	2018 National Survey on Drug Use and Health: Lesbian, Gay and Bisexual Adults
Alcohol use/abuse by both youth and adults has led to a decline in the quality of life in Porter County.	<p>In 2019 there were 1,067 adult alcohol arrests through-out Porter County</p> <p>In 2019, there were 61 juvenile alcohol related arrests</p> <p>27.2% of 12th graders self-reported monthly alcohol use</p> <p>27.5% of 9th grade students and 34.3% of 12th grade students reported it would be easy to get alcohol.</p> <p>38.2% of Indiana residents ages 18-25 reported binge drinking in the past 30 days</p> <p>In Indiana, 13% of 8th grade students; 21% of 10th grade students; and 29.55% of 12th grade students reported monthly alcohol use.</p> <p>52.3% of Indiana children have experienced at least one ACE, compared to 47.9% nationally.</p>	<p>2019 Data sheets collected by PCSAC from 7 of the local law enforcement agencies.</p> <p>2019 Data sheets collect by PCSAC from 7 law enforcement agencies</p> <p>2018 Indiana Youth Survey</p> <p>2018 Indiana Youth Survey</p> <p>The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2018, page 9</p> <p>The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2018, page 11</p> <p>Center for Health Policy Indiana University, March 2018 Adverse Childhood Experiences (ACEs) and Their Impact on Substance Misuse and Overall Health</p>

	<p>Nationally, 7 out of 10 people who identify as part of the LGBTQ+ population, or 70.2%, struggle with the use of alcohol.</p> <p>In Indiana, 58.7% males and 45% females report having used alcohol in the past 30 days</p> <p>In Indiana, 51.9% Caucasian; 50.3% African American and 50.4% of the Hispanic report having used alcohol in the past 30 days</p> <p>In Indiana, 36.5% age 65+ report having used alcohol in the past 30 days</p> <p>In 2019, the percentage of college students who reported binge drinking in the past two weeks in Indiana was 33.3%. The National average is 28.4%.</p> <p>In Indiana, of the college students polled, 34.8% reported their initial use was after starting college.</p>	<p>2018 National Survey on Drug Use and Health: Lesbian, Gay and Bisexual Adults</p> <p>2018, The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile</p> <p>2018, The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile</p> <p>2018 The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile</p> <p>2019 Indiana College Substance Use Survey</p> <p>2019 Indiana College Substance Use Survey</p>
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Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
Porter County experiences challenges with Marijuana, cannabinoids and vaping products in all their various forms.	<p>Encourage elected officials to oppose the legalization of Marijuana.</p> <p>Encourage elected officials to include product packaging design guidelines when creating legislation to reduce the appeal to youth.</p> <p>Provide support and resources to community sectors to reduce use/abuse.</p> <p>Support classroom evidence-based health curriculum that addresses Marijuana and related issues.</p> <p>Continue to encourage local schools to participate in the Indiana Youth Survey to collect data.</p> <p>Create & distribute prevention media campaign</p> <p>Provide youth mentoring opportunities to assist at-risk youth</p> <p>Create a collaboration with Sheriff's Department, recovery houses, community colleges to provide support to those incarcerated to assist completion of high school course work and further education to reduce recidivism.</p> <p>Support a dedicated Certified Prevention Specialist at each school. Assist with training and certification requirements.</p> <p>Develop content for Matters of Substance podcast and WVLP broadcast to educate the public on the topics of Marijuana, cannabinoids, vaping and nicotine products.</p>
Abuse/use of Prescription Drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs negatively affect the quality of life in Porter County.	<p>Provide support and resources to community sectors to reduce use/abuse.</p> <p>Support classroom evidence-based health curriculum that addresses illicit substances and related issues.</p>

	<p>Prevention media campaign</p> <p>Support youth driven activities at community level to provide prevention education and reduce the use of prescription drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and illicit drugs.</p> <p>Support a dedicated Certified Prevention Specialist at each school. Assist with training and certification requirements.</p> <p>Provide youth mentoring opportunities to assist with at-risk youth.</p> <p>Develop content for Matters of Substance podcast and WVLP broadcast to educate the public on related topics.</p> <p>Supplant Youth Council's at middle/high schools to promote healthy choices, increase protective factors, and reduce risk factors.</p> <p>Create a collaboration with Sheriff's Dept., recovery houses, community colleges to provide support to those incarcerated to assist completion of high school course work and further education to reduce recidivism.</p> <p>Support harm reduction efforts to safely collect and dispose of unused and unwanted prescription drugs and needles/syringes at drop off locations throughout the county.</p> <p>Encourage schools to participate in the Indiana Youth Survey.</p> <p>Develop content for Matters of Substance podcast and WVLP broadcast to educate the public on the topics of prevention/treatment/recovery of illicit drugs.</p>
<p>Alcohol use/abuse by both youth and adults has led to a decline in the quality of life in Porter County.</p>	<p>Educate adults about the harm alcohol can cause to youth development.</p> <p>Support classroom evidence-based health curriculum that addresses alcohol and related issues.</p> <p>Supplant Youth Council's at middle/high schools to promote healthy choices, increase protective factors, and reduce risk factors.</p>

	<p>Support a dedicated Certified Prevention Specialist at each school. Assist with training and certification requirements.</p> <p>Continue to encourage local schools to participate in the Indiana Youth Survey.</p> <p>Prevention strategies for underage drinking as classroom curriculum.</p> <p>Create a collaboration with Sheriff's Department, recovery houses, community colleges to provide support to those incarcerated to assist completion of high school course work and further education to reduce recidivism.</p> <p>Develop content for Matters of Substance podcast and WVLP broadcast to educate the public on the topics of prevention/treatment/recovery of alcohol use/misuse.</p>
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Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1 Marijuana	
Goal 1	Increase awareness and educate the community concerning the risk of use/abuse of Marijuana, cannabinoids and nicotine substances and related products by 7% per year.
Goal 2	Decrease the use of Marijuana, cannabinoids and nicotine by adults and juveniles by 6% over the next 3 years with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.
Problem Statement #2 – Illicit Drugs	
Goal 1	Reduce the number of deaths from prescriptions drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs by 5% over the next 3 years through partnerships with law enforcement, justice, treatment and education.

Goal 2

Increase community awareness of the problems and solutions associated with prescription drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs by 15% over the next 3 years with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.

Problem Statement #3 - Alcohol**Goal 1**

To reduce the use of alcohol by 5% over the next 3 years by increasing media campaigns and introducing evidence-based curriculum to underserved populations.

Goal 2

Increase awareness and educate residents by 10% on the harmful effects and consequences of misuse of alcohol by youth and adults with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1 Marijuana	Steps
Goal 1 Increase awareness and educate the community concerning the risk of use/abuse of Marijuana, cannabinoids and nicotine substances and related products by 7% per year.	<p>Encourage elected officials to oppose legalization of marijuana in the state of Indiana.</p> <p>Support educational efforts about the mental health risks, pre-natal consequences, and brain science as a gateway drug.</p> <p>Establish focus groups and peer panels in the local area schools to collect data and monitor trends</p> <p>Encourage schools to participate in the Indiana Youth Survey for the purpose of collecting data on marijuana, cannabinoids and nicotine use</p> <p>Support youth mentoring initiatives with an emphasis on at-risk youth in elementary through high school to increase protective factors and decrease risk factors for substance use/abuse.</p>

	<p>Develop and execute town hall events to support evidence of the risks of Marijuana for elementary aged youth, pre-natal and pregnant populations.</p> <p>Support substance use education and trending topics related to marijuana and nicotine through partnerships with the Matters of Substance podcast and mass communication efforts to increase environmental reach.</p>
<p>Goal 2</p> <p>Decrease the use of Marijuana, cannabinoids and nicotine by adults and juveniles by 6% over the next 3 years with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.</p>	<p>Increase law enforcement capacity and provide technological tools to assist in identifying impaired drivers and assess environs</p> <p>Support and encourage therapeutic and/or alternative treatment programming, with an emphasis on evidence-based programming for targeted populations</p> <p>Encourage and support programs that serve individuals in recovery as a means to increase protective factors against substance use.</p>
Problem Statement #2 Illicit Drugs	Steps
<p>Goal 1</p> <p>Reduce the number of deaths from prescriptions drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs by 5% over the next 3 years through partnerships with law enforcement, justice, treatment and education coalition member agencies and broaden the community network.</p>	<p>Promote the use of the INSPECT prescription data base system by doctors and law enforcement as a means to reduce overprescribing of medications.</p> <p>Build capacity by partnering with member agencies.</p> <p>Support educational opportunities for incarcerated population leading to high school equivalency degree and/or post graduate education at college or trade school.</p> <p>Partner with treatment agencies to provide innovative and useful programming to address the</p>

	<p>psychological, emotional impact of incarceration – family engagement, art and music therapy; as well as skill building to increase employment opportunities upon release</p> <p>Support law enforcement and justice to for arrest, conviction, rehabilitation of offender. Including but not limited to additional patrols, social worker placement, PARRI program, recovery support.</p> <p>Support and encourage therapeutic and/or alternative treatment evidence-based programming to address prescription, Opioid, Meth, Heroin, and other illicit drug use/abuse with an emphasis on target populations such as incarcerated individuals.</p> <p>Encourage and support formation of recovery groups and alternative peer groups to aid those individuals struggling with substance use disorder.</p> <p>Support stigma-based reduction programs and campaigns.</p> <p>Increase evidence-based initiatives in targeted populations-rural communities, gender specific, pre-natal and pregnant, geographically specific, and age specific populations such as adults 65 and over. South Haven, Kouts, and Hebron</p>
<p>Goal 2</p> <p>Increase community awareness of the problems and solutions associated with prescription drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs by 15% over the next 3 years with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.</p>	<p>Increase the awareness and collection of unused and unwanted prescription drugs and needles/syringes at drop off locations throughout the county</p> <p>Create multi-agency collaboration to develop innovative media campaign to increase awareness and incite action.</p>

	<p>Support substance use education and trending topics related to Opioid based prescriptions that address the dangers of illicit and prescription medications through partnerships with the Matters of Substance Podcast and mass communication efforts to increase environmental outreach strategies</p> <p>Encourage schools to participate in the Indiana Youth Survey for the purpose of collecting data on prescription abuse, Opioid, Meth, Heroin, and other illicit drug use</p> <p>Support youth mentoring initiatives with an emphasis on at-risk youth in elementary through high school to increase protective factor and decrease risk factors for substance use.</p> <p>Create a Youth Council to promote leadership, peer training, and a school-based initiative encouraging behavioral wellness, healthy choices, increasing protective factors, and reducing risk factors for substance use.</p>
Problem Statement #3 - Alcohol	Steps
<p>Goal 1</p> <p>To reduce the use of alcohol by 5% over the next 3 years by increasing media campaigns and introducing evidence-based curriculum and strategies to underserved populations.</p>	<p>Support and encourage therapeutic programming that focuses on use and/or abuse of alcohol with an emphasis on target populations</p> <p>Increase law enforcement capacity and provide technological tools to assist in identifying impaired drivers and assess environs</p>

	<p>Encourage and support alternative treatment programming for alcohol related offenders through problem solving courts and other diversionary programming.</p> <p>Support stigma-based reduction programs and campaigns.</p> <p>Encourage and support formation/expansion of recovery groups and alternative peer groups to aid those individuals struggling with substance use disorder.</p> <p>Encourage and support programs that serve individuals in recovery as a means to increase protective factors against substance use disorder.</p> <p>Support educational opportunities for incarcerated population leading to high school equivalency degree and/or post graduate education at college or trade school.</p> <p>Increase evidence-based initiatives in targeted populations-rural communities, gender specific, pre-natal/pregnant, geographically specific, college aged and age specific populations.</p>
<p>Goal 2</p> <p>Increase awareness and educate residents by 10% on the harmful effects and consequences of misuse of alcohol by youth and adults with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.</p>	<p>Promote alcohol awareness and/or educational programs/strategies</p> <p>Support youth mentoring initiatives with an emphasis on at-risk youth in elementary through high school to increase protective factors and decrease risk factors for substance use and family preservation.</p> <p>Support programs that educate parents of their importance in modeling responsible consumption of alcohol in the presence of their children.</p>

Encourage schools to participate in the Indiana Youth Survey for the purpose of collecting data on alcohol use

Support education and all efforts related to substance use through partnership with the Matters of Substance podcast and WVLP radio. Increase mass communication efforts to provide environmental outreach strategies.

Support a Youth Council to promote leadership, peer training, and a school-based initiative encouraging mental and behavioral wellness, healthy choices, increasing protective factors, and reducing risk factors for substance use/abuse.

Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year (\$100.00):		
\$205,740.38		
Amount of unused funds that rolled over from the previous year (\$100.00):		
\$15,752.26		
Total funds available for programs and administrative costs for the upcoming year (\$100.00):		
\$180,000.00		
Amount of funds granted the year prior (\$100.00):		
\$169,467.00		
How much money is received from the following entities (if no money is received, please enter \$0.00):		
Substance Abuse and Mental Health Services Administration (SAMHSA):		
\$250,000.00		
Bureau of Justice Administration (BJA):		
\$ 0.00		
Office of National Drug Control Policy (ONDCP):		
\$0.00		
Indiana State Department of Health (ISDH):		
\$0.00		
Indiana Department of Education (DOE):		
\$0.00		
Indiana Division of Mental Health and Addiction (DMHA):		
\$0.00		
Indiana Family and Social Services Administration (FSSA):		
\$117,350.00		
Local entities: Anderson Foundation		
\$10,000.00		
Other: ICJI Youth Mentoring		
\$155,905.35		
Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):		
Prevention/Education:	Intervention/Treatment:	Justice:
\$45,000.00	\$45,000.00	\$45,000.00
Funding allotted to Administrative costs:		
Itemized list of what is being funded		Amount (\$100.00)
see below		\$45,000.00
Funding allotted by Goal per Problem Statement:		
Goal 1 - \$22,500.	Goal 1 \$22,500.00	Goal 1 - \$22,500.00
Goal 2 - \$22,500.	Goal 2 \$22,500.00	Goal 2 - \$22,500.00

Itemized list of Administrative Costs:

CPA/Bookkeeping	\$ 5,000.00
Payroll Taxes	\$ 3,189.00
Conferences/Training	\$ 2,130.03
Supplies - Office/Coalition Meeting	\$ 1,900.00
Red Ribbon Scholarship	\$ 1,000.00
Salary - Executive Director	\$ 22,268.00
Travel	\$ 5,000.00
Insurance	\$ 1,900.00
Furniture/Computers	\$ 1,500.00
Drug Testing Kits	\$ 500.00
Telephone	\$ 612.97

Total \$45,000.00